## **MORGAN'S TABLE**

# **BREAKFAST MENU**

HOMEMADE, FRESH INGREDIENTS, GOOD FLAVOUR

## FIRST MATE

2 Eggs, 2 Rashers of Bacon, 2 Sausages,
Mushrooms
Choice of Beans or Tomatoes
Black pudding, Sauté Potatoes
Slice of Bread and Butter, Toast or Fried
Bread
Tea or Coffee

£6.00

## THE CAPTAINS

£7.00

## **VEGETARIAN**

2 Eggs, 1 Vegetarian Sausage, Sauté Potatoes Mushrooms, Beans and Tomatoes Slice of Bread and Butter, Toast or Fried Bread Tea or Coffee

£6.00

#### SHIVER ME SLIMMERS

#### **ONLY 440 CALORIES**

2 Turkey Rashers, 2 low-fat Sausages and 2 Poached Eggs Beans, Tomatoes and Poached Mushrooms Slice of Wholemeal Toast Tea or Coffee

£6.00

## **VEGAN**

2 Vegan Sausages, Mushrooms,
Beans and Tomatoes
Sauté Potatoes
Slice of Bread and Vitolite, Toast
or Fried Bread
Tea or Coffee

£6.00

## SIDES

BEANS ON TOAST - £2.50

POACHED EGGS ON TOAST - £3

SCRAMBLED EGGS ON TOAST - £2.50

TOMATOES ON TOAST - £2.50

PANCAKES WITH CHOCOLATE SPREAD - £2.50

BACON ROLLS (IN BREAKFAST ROLLS OR BAGUETTES - £3.50

## **DRINKS**

BREAKFAST TEA - £1
GREEN TEA / CAMOMILE TEA - £1
FRESHLY BREWED COFFEE - £1
MACHINE BREWED COFFEE - £2